



Mentor Attributes

What are your Strengths? What are your Challenges?

Mentor Attributes

1. Approachable	Strength	or	Challenge
2. Capable of honest self-examination	Strength	or	Challenge
3. Care about and respect others	Strength	or	Challenge
4. Committed to being an active mentoring partner	Strength	or	Challenge
5. Committed to self-development and self-improvement	Strength	or	Challenge
6. Emotionally intelligent	Strength	or	Challenge
7. Empathetic	Strength	or	Challenge
8. Feel secure about myself	Strength	or	Challenge
9. Follow up on ideas, suggestions	Strength	or	Challenge
10. Goal-oriented	Strength	or	Challenge
11. Innovative problem solver	Strength	or	Challenge
12. Not threatened by others' success	Strength	or	Challenge
13. Open to new ideas	Strength	or	Challenge
14. Positive role model	Strength	or	Challenge
15. Reflective	Strength	or	Challenge
16. Resourceful	Strength	or	Challenge
17. Strong interpersonal skills	Strength	or	Challenge
18. Trustworthy and willing to trust others	Strength	or	Challenge
19. Value difference	Strength	or	Challenge
20. Willing and able to spend the time	Strength	or	Challenge